



BAR THERAPY

Cheers!

KEEP YOUR DISTANCING SOCIAL

New Venue Guidelines:

Your **safety** is our priority! Please practice **social distancing** and use the **hand sanitiser** provided.

AMAZING ADD~ONS

NUTS & BOLTS 6

Our super-duper secret recipe.

MAPLE BACON PEANUTS 8

Caramelized maple peanuts with free range bacon.

SCRUMPTIOUS SIDES

BATTERED ONION RINGS 10

with fennel salt and aioli

FRIES 9

Let's never endure another potato famine! Golden salted goodness, the must-have addition.



Scan your phone to transform ourself into a

BAR THERAPY VIP

for stupendous deals
& events!

FOOD THERAPY

CHILLI SALT SQUID 18

Our Therapy famous secret recipe – Kosher Salt & Szechuan pepper mix w/ Aioli

SALMON CEVICHE 24.5

Fresh and zesty served with Therapy “Kelpie”, Passionfruit Vinaigrette, Tostadas and Salsa

SOFT TACOS [3] 18

“A balanced diet is a taco in each hand.”

- Tempura fish & dill mayo
or
- Southern fried chicken & chipotle sauce
or
- Slow roasted pork & chipotle sauce
or
- Mushrooms & chipotle sauce
with slaw, corn and black bean salsa
[+ add another portion ~ 6]

JUST WING IT

1/2 Doz 17 / Doz 26

“Ain’t no thang like a chicken wang.”
Portuguese spiced with refreshing citrus dressing.

SUNS OUT BUNS OUT [4] 18

- Satay Chicken
or
- Char sui pork
Wrapped in Bao buns sitting on top of crispy Slaw.

FISH BITES 17.5



“Let’s make this o-fish-all”

Golden tempura fish bites with dill mayo & crispy fried capers

MAC & CHEESE BALLS 16

“Mmmmm... Balls...”

Stuffed with creamy Mac & Cheese, Cheese Dipping Sauce, topped with seasoned Parmesan
[+ add another portion ~ 6]

PEAR + ROCQUETTE SALAD 17

Rocquette, Pear, Tomato, Red Onion, Cucumber, Dukkha, Coriander, Parsley with citrus dressing.
[+ add Chicken 6.5]

THERAPY NACHOS 18

“Ole bitches!”
-Seasoned Chicken
or
-Slow roasted pork
or
-Mushrooms
Topped with cheese, salsa & Sour Cream.

QUESADILLAS 18

Filled with Bacon, cheese & relish, seared golden then chopped. Served with Chipotle Sauce.

BANGBANG CAULIFLOWER 16.5

“Everybody loves the bangbang”
Crumbed Cauli, toasted almonds & Parmesan served with BangBang Sauce.

WONTON POPPERS 17

Crispy outside, soft and hot inside – These wontons have some bite – once you pop you won’t stop!

BURGER IT

FRYING NEMO BURGER 17



Crispy tempura fish, dill mayonnaise & sexy slaw tucked in a sesame seed brioche bun

THE PIGGY BANK BURGER 17.5



BBQ eight-hour pulled pork & crispy slaw, hugged in a toasty brioche bun

SOUTHERN FRIED CHICKEN BURGER 18



Crunchy coated chicken, bacon & chipotle slaw in a toasty brioche bun

THE EDGY VEGE BURGER 17.5



Crumbed Cauliflower, Cheese & Slaw in a toasty brioche bun

COCKTAIL THERAPY

Take a ride with our talented

MIXOLOGISTS

OSCAR DE LA HOYA 17

Is it the weekend yet? Tequila and raspberries come together in this vibrant, vermillion cocktail. Tequila won’t solve all your problems, but it sure helps.

JOHN LEMON 16.5

This drink slides down easy peasy lemon squeezy, our take on a whiskey sour, this balanced drink shows both sweet and sour, and notes of ginger.

PINK 16.5

This rock star tastes as good as it looks! Think pink with this beautiful and festive Cocktail. A simple mix of Pink Gin, Elderflower Liqueur, Cranberry, Pineapple and Fresh Lime Juice

CARRIE’S COSMO 16.5

Just as upmarket as the ladies on Sex In the City, this cocktail is pure class with our infused Strawberry Vodka, house made cranberry and strawberry cordial, a splash of lime juice, topped with white chocolate foam
- pure decadence!!!

SHARAPOVA 16.5

Named after another White Russian, a modern twist on the classic White Russian which first appeared in 1949. We do ours with an in-house Salted Caramel Vodka, Italian coffee and cream for those looking for a deliciously smooth, roll off the tongue cocktail that just slides down.

HALLE BERRY 16

Our house Blueberry Gin mixed with a lovely helping of lemon and sugar for a beautifully coloured & ridiculously delicious drink.

EXPLODING PASSIONFRUIT MOJITO 17

We are passionate that this mojito is next level, it’s the BOMB! Passionfruit rum, house made passionfruit syrup and exploding passionfruit balls!

CHIEF WIGGUM 18.5

Bar Therapy’s take on the Old Fashioned producing a new fashioned. It’s rich, smooth and silky taste comes from maple, bacon infused bourbon, house made cinnamon and donut syrup with bitters.

BANANA LADA 18

An enticing modern take on the very appealing Pina Colada. Coconut washed Bacardi, Banana Syrup, Coconut Water topped with caramelised Banana Foam. This one has got your name on it! What’s it called when a girl and boy banana break up?

VERY A-PEAR ING 18

Cinnamon and ginger intermingled with poached pear infused Vodka topped off with a merlot foam, make this cocktail PEAR-fect. Easy to disa-PEAR.

KRAMER 17

This Mallowdramatic Cocktail is everything we love about marshmallows. The taste of lemon juice, Orgeat and house marshmallow syrup on the back of each sip of Marshmallow infused Vodka, makes this an indulgent experience that’s fun to keep for yourself!

SNOOP DOG 18

Fresh cucumber juice, house lemon grass syrup, lime juice and Tequila make this a smooth, dangerously drinkable margarita. Snoops second most favourite green thing



YES

We do Espresso Martinis (two actually), yes we do Mojitos, yes we do French Martinis, but don’t be afraid to try something new. You’ll definitely like it.